CHARLESTON'S RESTAURANT®

THE BEST IN CASUAL DINING

# GLUTEN-FREE

## STARTERS

**SPINACH ARTICHOKE DIP** *in a parmesan cream sauce, tortilla chips* ..... 18
**QUESO** *spicy sausage, guacamole, cilantro, cotija cheese, tortilla chips* ..... 14
**SHRIMP CARGOT** *in herb garlic butter, havarti cheese (please specify without bread)* ..... 18
**BAKED POTATO SOUP** *house-made, cup or bowl* ..... 9/10

## SALADS

**CHICKEN CLUB SALAD** *grilled chicken, bacon, egg, tomato, avocado, onion (please specify without croutons and croissant)* ..... 21
**SALMON CAESAR SALAD*** *hickory smoked, scallion aioli sauce, tomato, cucumber, red onion (please specify without croutons and croissant)* ..... 24
**WALT'S CHAMPAGNE CHICKEN SALAD** *mixed greens, grilled chicken, pineapple, dates, feta, strawberries, spiced pecans, sunflower seeds (please specify without croutons and croissant)* ..... 21
**HOUSE SALAD** *mixed greens, egg, bacon, tomato (please specify without croutons and croissant)* ..... 10
**CAESAR SALAD** *romaine, parmesan cheese (please specify without croutons and croissant)* ..... 10

### GLUTEN-FREE SALAD DRESSINGS

CAESAR ◇ BLEU CHEESE ◇ HONEY MUSTARD ◇ CREAMY GARLIC ◇ 1000 ISLAND ◇ VINEGAR/OIL
CHAMPAGNE VINAIGRETTE ◇ HERBAL VINAIGRETTE ◇ FRENCH

## BURGERS & SANDWICHES

*(order with gluten-free bun +3, or lettuce wrap)*

**CHEESEBURGER*** *cheddar, lettuce, tomato, onion, pickle, mayonnaise* ..... 19
**HICKORY BURGER*** *canadian bacon, grated cheddar, onion, hickory sauce* ..... 19
**REUBEN SANDWICH** *sliced corned beef, creamy coleslaw, swiss cheese, thousand island* ..... 20
**GRILLED CHICKEN & AVOCADO CLUB** *blackened chicken, avocado, bacon, tomato, sprouts, swiss, honey mustard* ..... 20
**FAMOUS FRENCH DIP*** *shaved prime rib, mayonnaise, au jus (Limited Availability)* ..... 26
**FISH SANDWICH*** *choice of grilled or blackened, leaf lettuce, tomato, red onion, tartar sauce* ..... 21

*+ Served with your choice of market side item*

## CHICKEN

**OVEN ROASTED CHICKEN** *one-half herb roasted chicken with mashed potatoes and baked beans (Limited Availability)* ..... 23
**CHICKEN PICCATA** *tossed with artichokes, asparagus and tomatoes in a lemon caper butter sauce, served with vegetable medley (please specify without pasta and flour)* ..... 24

## SPECIALTIES

**SHRIMP AND GRITS** *garlic butter shrimp, parmesan cheese grits, with blackened cream sauce* ..... 28
**BARBEQUE BABY BACK RIBS** *slow cooked, fall off the bone with mashed potatoes and baked beans* ..... 33
**SHORT SMOKED SALMON*** *marinated, quickly smoked and finished on the grill with whole grain mustard sauce, with vegetable medley and house salad* ..... 35

## CHOPS & STEAKS

*Proudly serving Fischer Farms beef and pork.*

**BONE-IN PORK CHOPS*** *hardwood grilled, served with mashed potatoes and baked beans* ..... 31
**TOP SIRLOIN*** *hardwood grilled, served with mashed potatoes and house salad (please specify without croutons and croissant)* ..... 35
**CENTER CUT FILET*** *hardwood grilled, served with vegetable medley and house salad (please specify without croutons and croissant)* ..... 52

*+ A skewer of seasoned shrimp to accompany your entrée 9*

*Well done meats may lose natural juices and flavor. We respectfully cannot guarantee steaks prepared 'medium well' or above.*

## MARKET SIDES 8 EACH

*Mashed Potatoes • Sweet Glazed Carrots • Baked Beans • Creamy Coleslaw*
*Vegetable Medley • Burgundy Mushrooms • True Idaho Baked Potato • Seasoned Rice*

*We are concerned for your well-being.* ***If you have allergies, please alert a manager as not all ingredients are listed. While we offer gluten-free menu options, we are not a gluten-free kitchen and cannot ensure that cross-contamination will never occur.*** *Guests are encouraged to consider this information in light of individual requirements and needs. Allergy information is obtained from our suppliers and is based on Charleston's standardized recipes. Variations may occur depending on sources of supply, ingredient substitutions, regional/seasonal differences, and on product assembly on a restaurant-by-restaurant basis. Some Charleston's Restaurants may serve items which are not listed, and all items may not be available at all locations. Charleston's Restaurants and employees do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants.*

**We are obliged to tell you that consuming raw or undercooked meat, seafood, shellfish, poultry or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.*

ENJOY YOUR TIME WITH US. CHEERS!