

## **GLUTEN FREE**

STARTERS
SHRIMP CARGOT in herb garlic butter, havarti cheese (please specify without bread)
SALADS
CHICKEN CLUB SALAD grilled chicken, bacon, egg, tomato, avocado, onion (please specify without croutons and croissant) <sup>2</sup> KALE & QUINOA SALAD baby kale, quinoa, cabbage, grilled chicken, mint, green onion, cilantro, mango, green apple, dates, spiced pecans (please specify without peanut sauce and croissant)
WALT'S CHAMPAGNE CHICKEN SALAD mixed greens, grilled chicken, pineapple, dates, feta, strawberries,
spiced pecans, sunflower seeds (please specify without croutons and croissant)
HOUSE SALAD mixed greens, egg, bacon, tomato (please specify without croutons and croissant)
GLUTEN FREE SALAD DRESSINGS
CAESAR
BURGERS & SANDWICHES
(order with lettuce wrap)
CHEESEBURGER* cheddar, lettuce, tomato, onion, pickle, mayonnaise
HICKORY BURGER* canadian bacon, grated cheddar, onion, hickory sauce
REUBEN SANDWICH sliced corned beef, sauerkraut, swiss cheese, thousand island
GRILLED CHICKEN & AVOCADO CLUB blackened chicken, avocado, bacon, tomato, sprouts, swiss, honey-mustard
CHICKEN CIABATTA SANDWICH grilled chicken, peppers, onions, bacon, havarti cheese, chipotle mayo
+ Served with your choice of market side item
OVEN ROASTED CHICKEN one-half herb roasted chicken with mashed potatoes and baked beans (LIMITED AVAILABILITY)
CDECIALTIES
SPECIALTIES
GRILLED PORK CHOPS* hardwood grilled with mashed potatoes and baked beans
PORK CARNITAS TACOS corn tortillas, coleslaw, spicy avocado aioli, pickled red onion, cilantro, served
with black beans and rice
TODAY'S FRESH FISH simply grilled or blackened, served with seasonal vegetable
+ Small house or caesar salad to accompany your entrée (please specify without croutons and croissant) 10
CTFAVC
STEAKS
TOP SIRLOIN* hardwood grilled, served with baked potato and house salad (please specify without croutons and croissant)3  HAND CUT FILET* hardwood grilled, served with baked potato and house salad (please specify without croutons and croissant)
+ A skewer of seasoned shrimp to accompany your entrée 10
NAADKET OLDEO
MARKET SIDES 8 EACH Seasonal Vegetable • Vegetable Medley • Creamy Coleslaw • Baked Beans

We are concerned for your well being. If you have allergies, please alert a manager as not all ingredients are listed. While we offer gluten free menu options, we are not a gluten free kitchen and cannot ensure that cross-contamination will never occur. Guests are encouraged to consider this information in light of individual requirements and needs. Allergy information is obtained from our suppliers and is based on Charleston's standardized recipes. Variations may  $occur\ depending\ on\ sources\ of\ supply,\ ingredient\ substitutions,\ regional/seasonal\ differences,\ and\ on\ product\ assembly\ on\ a\ restaurant-by-restaurant\ basis.\ Some$ Charleston's Restaurants may serve items which are not listed, and all items may not be available at all locations. Charleston's Restaurants and employees do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants.

Spaghetti Squash • Sweet Glazed Carrots • True Idaho Baked Potato

\*We are obliged to tell you that consuming raw or undercooked meat, seafood, or eggs may increase your risk for food borne illness.